

**Before/lunch and after school multisport project**

**Please complete all parts of this request form and email it to virtual.school@essex.gov.uk**

**Spec Training will contact you to arrange dates and times of sessions.**

|  |  |
| --- | --- |
| School Name |  |
| School address |  |
| Designated teacher name and email |  |
| Year/age group |  |
| How many Essex LAC/PLAC/CIN/CP will be attending session/s |  |
| Preferred choice: Before school club/Lunch Club or After school club? |  |

**Please note due to limited availability, please have several choices of days/times. Spec Training will confirm their availability when they contact you.**