**Resources on Attachment Awareness**

* Attachment in the Classroom **by Heather Geddas**
* Inside I’m Hurting **by Louise Michelle Bomber**
* A Therapeutic Treasure Box for working with Children and Adolescents with Developmental Trauma **by Dr Karen Treisman**
* Overcoming Barriers to Learning by **Sheila Mulvenney**
* School as a Secure Base by **Kevin Street**
* Attachment Aware School Series by **Louise Michelle Bomber** (Complete set of five pocketbooks -The Key Adult in School, The Senior Manager in School, The Key Teacher in School, The Team Pupil in School, The Parent and Carer in School).
* A Guide to Attachment **by Sir John Timpson (Pocket book)**
* How to create a positive Future **by Sir John Timpson (Pocket book)**
* Looking After looked after children **by Sir John Timpson (Pocket book)**
* Beacon House: Therapeutic Services and Trauma Team
* Conversations that matter: Talking with Children and Teenagers in ways that Help **by Margaret Sunderland**
* Settling Troubled Pupils to Learn: Why Relationships Matter in school **by Louise Michelle Bomber**
* Teenagers and Attachment: Helping Adolescents Engage with Life and Learning **by Daniel A Hughes**
* Working with Attachment Difficulties in Teenagers: Practical and creative approaches **by Sue Jennings**

**These books must be read by the adult before sharing them with individual children or class of children to ensure they are appropriate to the needs of the child/ren.**

**Recommended Books to Read with and about Looked After Children.**

**Little Meerkats Big Panic by Jane Evans**

*A story about learning new ways to feel calm. The story is about a meerkat who becomes panicked after he had fallen asleep and on awakening finds that everyone has disappeared. The story includes 2 to 6 easy ways for children to calm their bodies and brain when feeling anxious. It also includes guidance for parents and professionals on the neuroscience behind the strategies, and how they can use the book to help children.* ***4-6-year olds***

* **A Sky of Diamonds by Camille Gibbs**

*A story for children about loss, grief and hope. Written from the perspective of Mia who has experienced the sudden death of her mother, it covers the different stages of grief. She makes memory boxes with her Dad and eventually finds her own way of coping.* ***5-7-year olds***

* **Striker, Slow Down by Emma Hughes**

*The book aims to teach busy children about the benefits of taking time to sit quietly and clear their mind.* ***3- 6-year olds***

* **Morris and the Bundle of Worries by Jill Seeney**

*Morris the mole has a secret and the worries fill up his bedroom which means he can’t sleep. Morris the Mole finds out that talking about his problems and facing his worries with the help of others, is more helpful than hiding his fears.* ***3-6 years old***

* **Stellaluna by Jenell Cannon**

*While out searching for food, fruit bat Stellaluna and her mother are attacked by a vicious owl, Stellaluna is separated from Mother Bat and taken in by a family of birds, where she must fit in with her new family.* ***5-8 years old***Tracy Beaker series by Jacqueline Wilson

*Tracy is an angry girl who ricochets between a children’s home and foster parents, severely testing potential substitutes for her mother.* ***9 years onwards***

* **Kinda like Brothers by Coe Booth**

1. *Year old Jarrett’s fine with his mum taking care of foster*

*babies, but not like this. The baby has an older brother Kevon, who will not stop acting superior around Jarrett. The author shows insight into racism, poverty and the foster care system.*

***8-12 years old***