Essex Educational Psychology Service

Improving lives: using psychology to create positive change



Paired Reading



Purpose of intervention:

To improve reading accuracy and fluency. Comprehension and motivation are also increased as a result. A simple set structure is used by the Reader and Helper (who can be an adult, or a pupil who has more advanced reading skills/is older).

Training suitable for:

SENCO plus teachers and/or LSAs. Adults can then train pupil Helpers/'reading buddies'.

Age of pupils:

Approx. Year 2 to Year 8. Readers need to be able to read simple text and have some knowledge of phonics.

Frequency and duration:

Daily sessions of 5-15 minutes, over 8-12 weeks.

Examples of research-based outcomes:

(e.g. Topping 2011, Miller et al 2010, Brooks 2016)

- Six months to 1 year's progress in reading accuracy and comprehension over the intervention period.
- Positive psycholinguistic outcomes affecting reading style and language skills.
- Improvements in emotional and motivational aspects of learning.
- Pupil Helpers made the same or more progress as Readers.

Other information:

Training consists of 2 parts:

Part A – training on the intervention and how to deliver it

Part B – training on embedding and monitoring the intervention

"My reading and confidence have improved. I use it in Maths – it helps me read the questions and numbers."

[&]quot;I can read more difficult words that I couldn't read before."

[&]quot;Being with someone I didn't know very well boosted my confidence to talk to my partner. I used to be really shy."

[&]quot;I read a lot more because of sharing books with my partner."

[~] Essex pupils