

Solution Oriented Meetings



Purpose of intervention:

A simple framework that leads to more effective and productive meetings where an issue/issues affect a group of people. Can be used in any staff/team meetings, parent and multi-agency meetings, meetings about an individual child, or planning/review meetings, to consider one or more issues.

Training suitable for: Staff teams in schools/settings/other professionals.

Rationale and background:

Derived from Solution Oriented Psychology principles. Includes what to do before, during and after the meetings. Highly effective process:

- staff/parents/children/concerned people are fully heard.
- lifts anxiety around finding solutions.
- shares responsibility for actions.
- involves key people in defining actions.
- purpose of any further action much clearer.
- time efficient.
- reduces notes/report writing.

Other information:

Training consists of 2 parts:
Part A – training on how to run Solution Oriented Meetings and to use these in your setting.
Part B – training on embedding and monitoring the use of Solution Oriented Meetings.

“We’re used to using these now for different types of meetings – they’re very helpful”

~ Essex Headteacher

“Everybody gets to have their say - it feels fair and it’s practical” ~ Essex LSA

“I was dreading that meeting, but I used the framework and it made it really positive - we found lots of ways forward that I’d never imagined!” ~ Essex school SLT member