|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| I would like to ask you some questions about any concerns or worries you may have about moving to your new school. Please rate each of the following using the scale above.  For example, if you were really worried you would put a 10 in the box beside it. | | | | | | | | | |
| Making new friends | **4 or 3** | Older children | **2** | | Lots of different teachers | **2** | Following a timetable | **2** | |
| Being bullied | **1** | Getting to school | **1** | | Homework | **2** | Dinner times | **3 or 2** | |
| PE | **2** | Changing classes | **1** | | Being able to do the work | **2** | Toilets | **1** | |
| Remembering equipment for school | **3 or 4** | What to do if you are feeling ill | **2** | | Lots of people | **2 or 3** | Break time | **1** | |
| Size of school | **2 or 3** | Discipline and  detentions | **1** | | Losing old friends | **1** | Getting lost | **3 or 4** | |
| Answer about your new school (where you are going to be in year 7) | | | | | | | | | |
| If you have any other concerns you can write in the boxes below and then rate your concerns with the same scale as above… | | | | | | | | | |
| **“There are no other things.”**  ................................................................................ | | | |  | ................................................................................ | | | |  |

Here is an example of a rating scale:

1 2 3 4 5 6 7 8 9 10

I get extremely worried about it

Not at all worried