**Trauma Perceptive Practice and Restrictive Physical Intervention (RPI)**

**Our Essex Approach**

Trauma Perceptive Practice (TPP) is the Essex core offer to all schools and settings to support social, emotional and mental health. The aims and objectives of TPP are to support adults to understand children and young people and to ethically manage those times when children and young people experience stress and distress, which can sometimes result in a child or young person compromising the safety of themselves or others. In these circumstances it is recognised that restrictive physical intervention could be an absolutely necessary form of co-regulation in order to keep everyone safe.

We have written some Essex guidance for you on this matter within our Understanding and Supporting Behaviour - Safe Practice for Schools document. This is an essential starting point.

[Understanding Supporting Behaviour Safe Practice for Schools Autumn 202022.docx](https://schools.essex.gov.uk/pupils/Safeguarding/Templates_for_Reporting_and_Recording_Child_Protection_Concerns/Documents/Understanding%20and%20Supporting%20Behaviour%20-%20Safe%20Practice%20for%20Schools%20-%20Autumn%202022.docx)

We have also written a model Behaviour and Relationships policy based on TPP which can be adapted once downloaded to meet the specifics of your school or setting.

[Model Behaviour and Relationships Policy](https://schools.essex.gov.uk/pupils/social_emotional_mental_health_portal_for_schools/Documents/Model%20Relationships%20and%20Behaviour%20Policy%20Final%20Nov%202021.docx)

Both will naturally and directly link to the Safeguarding arrangements within your school and setting.

**Our RPI Training Partner**

Our partner for RPI training is PRICE (Protecting Rights In a Caring Environment) training. PRICE is a Restraint Reduction Network (RRN) certificated training provider.

The PRICE Schools Programme course equips education staff with the knowledge, skills and confidence to

* safely respond to situations where the communicating behaviour compromises the safety of themselves or others to a level where without further intervention harm is very likely.
* take immediate action to protect both the safety of pupils and teaching staff.

We have worked with PRICE to make sure that the offer is highly complementary to the TPP programme and directly builds on the Elements 1-9. For schools/settings engaged in TPP the model they will be able to access is a Train the Trainer one. They must have completed Elements 1 -7 evidencing that the staff have the right knowledge, attitudes, skills and habits when understanding and supporting children and young people in distress.

The advantage of the Train the Trainer model is that this person is qualified and permitted to train the staff within their school for one year. The course provides a human rights and person-centred framework that recognises the importance of promoting dignity, choice and inclusion for those being supported. Coupled with a range of primary, secondary and tertiary strategies, PRICE Training equips staff to make sense of behaviour and respond positively to reduce the use of restraint. To maintain best practice, confidence and competence there will be a need for this person to undertake an annual refresher course.

**Training Options for TPP Essex Schools/Settings**

Train the Trainer

3 days of consecutive training: 2.5 days learning + 0.5 day assessment

Currently £700+ VAT per single trainer and a reduction in cost to £1200 +VAT for 2 trainers (£600+VAT per person)

All courses are advertised on the Essex TPP Hive Platform. Bookings will be made directly with PRICE.

Train the Trainer Annual refresher

This consists of 2 days - currently £400 +VAT per person

This will be an opportunity

* to refresh on your previous training in order that you continue to feel confident and competent to train others (particularly important if there have been any amendments)
* to learn any new techniques (appropriate to be shared) that have been developed by PRICE
* to ask questions to Gareth Wren (the PRICE trainer for Essex) about something more specific that you need support within your school or setting – you will be taught how to use and teach this.

Flexibility on request as to the timing of the annual refresher

A pragmatic and practical approach will be taken as to the timing of the refresh. This may be of particular significance if you have two people trained so that both people need not necessarily be out at the same time for the refresh. If you need flexibility, then email Gareth Wren [gareth.wren@pricetraining.co.uk](mailto:gareth.wren@pricetraining.co.uk)

**For Non-TPP schools/settings**

The PRICE training offer is available for non-TPP schools and settings. This is a 5-day trainer the trainer course with a different cost structure, more information can be found at [Home - Price Training](https://www.pricetraining.co.uk/)

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