

Essex Youth Offending Service

Being Restorative

1 day

Restorative
skills

Practitioners
in schools or
social care
environment

This is a 1 day restorative skills training aimed at practitioners working with children, young people and families in a school, social care or criminal justice environment.

The training will include interactive exercises which look at:

- Explaining what is meant by working 'WITH'
- The 5 principles of restorative practice as set out by Belinda Hopkins in 'Just Care'
- Understanding how to adopt a non-blaming, impact focused approach and the importance of doing so.
- Exploring thoughts and feelings in order to get to underlying need
- Adopting a restorative mindset when working with others

Restorative practices are widely established and accepted nationally and internationally as a highly effective way of achieving better outcomes for children, young people and their families.

They provide staff with a range of language and behaviours which focuses on building and strengthening relationships with children, young people and families, empowering them to share responsibility and support positive change.

They enable young people to think for themselves about how to respond to challenging situations and develop more mature responses to difficult situations.

In a school environment this can help alleviate problems such as bullying, classroom disruption, truancy, poor attendance, antisocial behaviour, and disputes between pupils, their families, and members of staff.

This can be followed up with a 2nd day of training which focusses on restorative dialogue techniques and facilitating conferences.

Contact Jodie.Fenemer@essex.gov.uk to find out more