# **Essex Virtual School Video Interaction Guidance Offer**

# **Overview**

## In the Virtual School, we are building our capacity to offer a Video Interaction Guidance (VIG) Intervention for children and young people and school adults, in situations where there are some difficulties in the child being able to settle to learn, trust adults or feel like they belong at school.

## The aim is to strengthen their connection to the school through relationships with key adults, and so enable them to feel able to access education. We hope it will also improve self-esteem and feelings of self-efficacy.

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## **Eligibility**

## Currently, we have limited capacity to offer VIG within our service, and some capacity across other services. We are also governed by our duties as set out by the DfE. Therefore, it is an offer that can be considered for Essex Children in Care or Previously Looked After.

## We will carefully consider the appropriateness of the intervention, factoring in the context of the child’s current situation at home and at school, other interventions already in place and their presenting needs.

## It can be offered to all age ranges. We need the full consent of participants and parents/carers, including the child if aged 13 or over.

# **What is Video Interaction Guidance and what is the commitment?**

## VIG is a brief, evidence-based, strengths-based intervention that uses positive moments between adults and children to build attunement, sensitivity, connection and understanding. It changes narratives about the child, the adult and the relationship. Please see the flyer on our web page and this video: [Video Interaction Guidance (youtube.com)](https://www.youtube.com/watch?v=dpSHHS_YMLE)

## We work alongside clients towards their goals. We would generally complete 3 ‘cycles’ of VIG over a number of weeks or months. A cycle means filming an interaction, then sharing clips of that interaction with the adult and sometimes the young person in a shared review. The filming takes around 5-10 minutes and the review takes about an hour.

## The filmed interactions can be one-to-one or in a classroom situation.

## To evaluate the effectiveness of the programme, we require anonymised data (that can also be used for your records of intervention too): SDQ scores, levels of progress, attainment and engagement in Maths and English, attendance, and finally scaled scores for goals. This is collected pre-VIG, post-VIG and in a follow-up 6-12 months later.

# **To request consideration of Video Interaction Guidance, please complete a student profile:** [**https://schools.essex.gov.uk/pupil-support-and-wellbeing/essex-virtual-school/complete-student-profile**](https://schools.essex.gov.uk/pupil-support-and-wellbeing/essex-virtual-school/complete-student-profile)