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| **ELSA – Emotional Literacy Support Assistant** An educational psychology led intervention for promoting theemotional wellbeing of children and young people**https://www.elsanetwork.org/** |



**ELSA 2026 Training**

**We are offering a virtual information session for school leaders and delegates**

**Wednesday 15 October 2025 3:30pm – 4:30pm.**

**Please email** **elsa@essex.gov.uk** **to register for the virtual event.**

We are excited to be offering ELSA training in Spring 2026 to schools in Essex. ELSA training is an educational psychology led intervention for promoting the emotional wellbeing of children and young people. ELSAs are emotional literacy support assistants. They are teaching assistants who have had special training from educational psychologists to support the emotional development of children and young people in school. ELSAs have regular professional supervision from educational psychologists to help them in their work. ELSAs help children and young people learn to understand their emotions and respect the feelings of those around them. They provide the time and space for pupils to think about their personal circumstances and how they manage them.

Cost of Training: £650 for 6 days training including x 2 summer term supervisions with an EP

**Training will be delivered across 6 dates- the training dates are likely to be from January – April. The ELSA must attend all training days.**

**The venue will be in mid Essex.**

**Please be aware that line managers are invited to join part of day 1 and day 6.**

After the training, Educational Psychologists will organise supervision across the Summer term 2026. ELSAs attend half termly supervision (2 hours) in a group led by an Educational Psychologist.

**Please note that ELSAs must continue to attend supervision regularly to continue in their role and be registered as a qualified ELSA**

Please email, **elsa@essex.gov.uk**to book your place on the course.