

Stretch Challenge: Are you getting good value?



Contactless cards, paying by app and the immediacy of next day delivery have made it even easier to spend money. Some argue that the easier we make it to spend money, the less we think about the value of purchases.

In groups, create a list of questions you could ask yourself to check you are getting good value when faced with an impulsive purchase.

In the coming weeks, test these and be ready to share your thoughts in future sessions when we return to the topic of spending.





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